

CAN YOU SPOT DYSKINESIA?

This life-altering side effect of Parkinson's disease (PD) medication is often confused with symptoms of the disease itself. It typically appears:

- As involuntary, dance-like movements
- In one or multiple areas of the body
- A few years after starting levodopa

Head bobbing



Facial grimacing



Arm flailing



Body swaying



Writhing or twisting of legs, arms, or trunk



DYSKINESIA CAN OFTEN BE CONFUSED WITH TREMOR



DYSKINESIA

- Unsteady and disorganized movement
- Normally increases with movement
- Side effect of Parkinson's medication



TREMOR

- Rhythmic, back-and-forth movement
- Typically lessens or stops with movement
- Symptom of Parkinson's

"I had no clue how bad my dyskinesia was going to be down the road. The uncontrollable twisting and contorting of my body left me exhausted." —JOHN, impacted by dyskinesia

**You don't have to put up with dyskinesia during your day.
Learn strategies to help you have:**



**More independence
to accomplish activities
of daily living**



**Less disruption
in social settings**



**Better control over
your movements**



Scan to explore a treatment option